

## STUDY ABROAD PROGRAM – FINANCIAL AID CHECKLIST

### LOS RIOS COMMUNITY COLLEGE DISTRICT

- ☐ **Schedule preliminary financial aid meeting.** Schedule a preliminary meeting with a financial aid representative at your current campus to discuss eligibility, potential award amounts, and other funding sources: **ARC** -> **Dan Alexander** ([alexand@arc.losrios.edu](mailto:alexand@arc.losrios.edu)); **CRC** -> **Phuong Le** ([lep@crc.losrios.edu](mailto:lep@crc.losrios.edu)); **FLC** -> **Khaa-Lel Whitaker** ([whitakk@flc.losrios.edu](mailto:whitakk@flc.losrios.edu)); or **SCC** -> **Maritza LaVu** ([lavum@scc.losrios.edu](mailto:lavum@scc.losrios.edu)).
- ☐ **Preview course applicability with a counselor.** Financial aid can only be used for classes that apply toward your specific degree or certificate pathway. You are highly encouraged to meet with a counselor at your current campus to review the Florence course options and determine which classes are applicable for financial aid. You should bring the **Florence 2026 Course Packet** to the meeting: <https://tinyurl.com/Flo26CP>.
- ☐ **Declare an eligible major.** Only specific majors are eligible for financial aid. In consultation with a counselor, consider which major best meets your academic goals while maintaining financial aid eligibility. For example, some student may choose **Transfer to 4-Yr Institution**. Undecided majors are **not** eligible. Majors can be changed in **eServices**: <https://ps.losrios.edu/student/signon.html>.
- ☐ **Update and/or complete your FAFSA.** To be considered for the **California College Promise Grant (CCPG)** tuition waiver and other financial aid opportunities you must **complete the 2025-26 FAFSA**: <https://studentaid.gov/h/apply-for-aid/fafsa>. Be sure to add your LRCCD home college: (**ARC=001232**, **CRC=007536**, **FLC=038713**, **SCC=001233**), Cañada College (**006973**), Santa Rosa Junior College (**001287**), and Diablo Valley College (**001191**) as potential schools.
- ☐ **Meet with study abroad program director Adam Windham.** Once you have paid your \$450 deposit, you will be scheduled a meeting time with study abroad program director **Adam Windham**. At that meeting, he will review your application materials and verify your eligibility for the program.
- ☐ **Meet with campus financial aid representative.** After being accepted into the program, schedule a second meeting with your financial aid representative: **ARC** -> **Dan Alexander** ([alexand@arc.losrios.edu](mailto:alexand@arc.losrios.edu)); **CRC** -> **Phuong Le** ([lep@crc.losrios.edu](mailto:lep@crc.losrios.edu)); **FLC** -> **Khaa-Lel Whitaker** ([whitakk@flc.losrios.edu](mailto:whitakk@flc.losrios.edu)); or **SCC** -> **Maritza LaVu** ([lavum@scc.losrios.edu](mailto:lavum@scc.losrios.edu)). The financial aid process can take several weeks . . . so plan ahead!

Financial aid representatives will help you:

- Review your financial aid options
- Read and sign any required **American Institute for Foreign Study (AIFS)** paperwork
- Complete and submit requisite **Study Abroad Consortium Request** forms for classes you take through **College of San Mateo, Santa Rosa Junior College, or Diablo Valley College**.
- Review your eServices status and determine next steps

- ☐ **Monitor your financial aid status in eServices.** Visit: <https://ps.losrios.edu/student/signon.html> often. Select **Message Center, Tasks, and Financial Aid** tiles for current information and **missing documentation**.
- ☐ **Apply for Scholarships.** All scholarships have different processes and deadlines. **Don't wait until the last minute!**

*Resources include, but are not limited to:*

- [gilmanscholarship.org/program/program-overview](https://gilmanscholarship.org/program/program-overview) (due October 9, 2025)
- [tinyurl.com/Flo26Schlr](https://tinyurl.com/Flo26Schlr) (due November 7, 2025)
- [arc.losrios.edu/study-abroad-program-financial-aid](https://arc.losrios.edu/study-abroad-program-financial-aid)
- [losrios.edu/admissions/financial-aid-and-fees/types-of-financial-aid/scholarships](https://losrios.edu/admissions/financial-aid-and-fees/types-of-financial-aid/scholarships)
- [fundforeducationabroad.org/scholarships/](https://fundforeducationabroad.org/scholarships/)

- ❑ **Apply for Grants:** You may be eligible for federal or state grants that don't have to be paid back. [bit.ly/40fqd0Z](https://bit.ly/40fqd0Z)
- ❑ **Apply for Federal Direct Loans:** A direct loan is money you borrow from the federal government that you have to pay back with interest. [bit.ly/3REKjhn](https://bit.ly/3REKjhn)
- ❑ **Apply for Private Loans:** If you are not eligible to receive direct loans, you may opt for a private loan. A private loan is money you borrow from a private lender that you have to pay back with interest. [bit.ly/3Dw3qnC](https://bit.ly/3Dw3qnC)

*Note: ARC does not advise or promote private loans or lenders. It is the student's responsibility to research and determine the lender that best meets their needs.*

- ❑ **BankMobile Disbursements** is a third-party company used by many colleges to disburse financial aid. You can have two different accounts if you attend two colleges that use BankMobile Disbursements. [bit.ly/3kR3TdG](https://bit.ly/3kR3TdG)

*Note: Before you go abroad, make sure your ARC BankMobile Disbursements refund preference is activated: [bankmobiledisbursements.com/refundchoices](https://bankmobiledisbursements.com/refundchoices). **You are responsible for all AIFS program fees if your preference is not activated.** Refund preferences include having refunds kept in your BankMobile account, sent to an existing bank account, or mailed as a physical check. If you request check, verify that your correct mailing address is on file in eServices: [ps.losrios.edu/student/signon.html](https://ps.losrios.edu/student/signon.html).*

## CONTACT INFORMATION

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- **SCC Financial Aid** - Maritza LaVu  
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Phone: 916-558-2353
- **Study Abroad Program**, Los Rios Community College District  
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Phone: 916-484-8967  
More information: [losrios.edu/studyabroad](https://losrios.edu/studyabroad)
- **ARC Admissions and Records**  
Email: [admissions@arc.losrios.edu](mailto:admissions@arc.losrios.edu)  
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More information: [arc.losrios.edu/admissions/admissions-and-records](https://arc.losrios.edu/admissions/admissions-and-records)
- **BankMobile Disbursements**  
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