

# Los Rios Study Abroad Application Checklist – Florence, Spring 2026

- ☐ (1) **Check minimum eligibility:** 18 years old + 12 college units completed + 2.25 cumulative college GPA
- ☐ (2) **Meet with your academic counselor** to plan which offered courses will best fulfill your educational goals. For a complete course list, visit: <https://tinyurl.com/Flo26CP> *Note: you must enroll in and complete 12 units from the list, including INDIS 353 and at least one PSYC or BIOL class.*
- ☐ (3) **If you qualify for the California College Promise Grant (CCPG),** add all the following schools to your 2025-2026 FAFSA: Your Los Rios Home College: ARC (001232) CRC (007536) FLC (038713) SCC (001233), Diablo Valley College (001191), Santa Rosa Junior College (001287), and Cañada College (006973).
- ☐ (4) **Considering financial aid?** Schedule a meeting with [Dan Alexander](#) (ARC), [Phuong Le](#) (CRC), [Khaa-Lel Whitaker](#) (FLC), or [Maritza LaVu](#) (SCC) to discuss eligibility, potential award, and other funding sources.
- ☐ (5) **Apply to the program and pay deposit.** The application is on the American Institute for Foreign Study (AIFS) website: [tinyurl.com/Flo26App](https://tinyurl.com/Flo26App). A \$450 deposit is due prior to processing. For refund information, visit: [tinyurl.com/Flo26Rfd](https://tinyurl.com/Flo26Rfd).
- ☐ (6) **Complete student information Google Form** at [tinyurl.com/Flo26GForm](https://tinyurl.com/Flo26GForm). This is where you will be asked to confirm program options and indicate class preferences, among other things.
- ☐ (7) **Email the following items** to [studyabroad@losrios.edu](mailto:studyabroad@losrios.edu):
  - **Photo ID** – legible photo or scan, showing birthdate
  - **Unofficial college transcripts** – representing **all** completed college coursework
  - **Los Rios waiver** ([tinyurl.com/Flo26Waive](https://tinyurl.com/Flo26Waive)) – completed and signed
  - **Consortium agreement** ([tinyurl.com/Flo26Agmnt](https://tinyurl.com/Flo26Agmnt)) – completed and signed
  - **FERPA consent** ([tinyurl.com/Flo26FERPA](https://tinyurl.com/Flo26FERPA)) – completed and signed; parent/guardian listed
- ☐ (8) **Check your email for an onboarding meeting invitation.** This meeting with program director Adam Windham is when you are officially confirmed for the study abroad program!
- ☐ (9) **Using financial aid?** Schedule another meeting with [Dan Alexander](#) (ARC), [Phuong Le](#) (CRC), [Khaa-Lel Whitaker](#) (FLC), or [Maritza LaVu](#) (SCC) to check your eServices status, fill out required forms, discuss next steps, and ask questions. For details, review the FA Checklist: [tinyurl.com/Flo26FAList](https://tinyurl.com/Flo26FAList).
- ☐ (10) **Apply for scholarships, create a budget, and start saving!** Research and apply for scholarships, including the *Study Abroad Ambassador Scholarship*: [tinyurl.com/Flo26Schlr](https://tinyurl.com/Flo26Schlr). In addition to the AIFS program admin/housing fee (\$8,745), other items to budget for include airfare (group package \$TBD or schedule your own), optional upgrades (meal plan \$625; medical \$65), tuition (\$552; \$0 with CCPG), textbooks (\$Varies), meals and personal expenses (depends on lifestyle; \$2,100 - \$3,000+), and any additional adventures you might want to take while in Europe.
- ☐ (11) **Register for classes.** Once confirmed, your space in classes will be reserved — so don't worry about registration until we send detailed instructions via email closer to the enrollment period. Note: you will register for each class separately through the college offering it, so it is likely you will be registering in multiple college districts. Don't worry, we will guide you!
- ☐ (12) **Attend pre-departure meetings:**
  - **Los Rios Kickoff Reception (recommended):** TBD Nov-Dec 2025; American River College
  - **Pre-Departure Orientation (mandatory):** January; Location TBD