



CHEERS TO COMPLETING YOUR SEMESTER!

Kudos to all our students who are completing the spring semester, as well as a big congratulations to our graduates! Especially in this unprecedented time, we applaud you for sticking with your goals and earning your diploma. We are proud of you and can't wait to see what you do next! 🎓 #SacCitygrad2020 #IAmSacCity



PREP NOW FOR SUMMER & FALL CLASSES

All Summer 2020 classes (starts week of June 8 – [schedule available now](#); [registration is already underway](#)) and Fall 2020 classes (starts week of August 22 – schedule will be available Friday, May 22; registration begins Monday, June 1) will be fully online due to the latest news from the Governor's Office that social distance guidelines are likely to last into the fall.

If you need help preparing for online learning in the summer or fall, check out the resources compiled at the [SCC Online Services](#). Also, don't forget to visit our [Frequently Asked Questions \(FAQ\) page](#) for updates on important information for students, including UTP Fees for the Summer and Fall.

[CLASS SCHEDULES](#)

24/7 TELEHEALTH AVAILABLE FOR STUDENTS

Los Rios has partnered with [Campus.Health by TimelyMD](#) to provide 24/7 medical and mental telehealth care for all students as part of the Los Rios Health Services program. This service is funded by your Health Services Fees.

Whether you're feeling sick or overwhelmed, you will be able to talk to a licensed provider for no additional cost from your smartphone or any web-enabled device. Campus.Health's medical providers can diagnose common conditions (i.e. cold, flu, sinus infection) and the TalkNow service gives students a safe space to talk (i.e. anxiety surrounding COVID-19, relationship issues, depression).

To get started, go to <https://timely.care> and register with your Los Rios Gmail address. Once logged in, you can choose to have a voice or video call. At checkout, enter the coupon code: **SCC2020**.

[TimelyMD](#)

PICKING UP & RETURNING ITEMS TO CAMPUS

As the semester nears its end, we know you are anxious for information about how and when to return technology, textbooks, or other college material or equipment, as well as how to pick up personal items from campus.

Dropping-Off College Materials and Equipment

We are in the process of creating a plan for these drop-offs that allows for appropriate social-distancing and keeps our students and staff safe and healthy. For now, we'd like you to hold on to all of the materials and equipment and will communicate information about drop-offs and returns in the coming weeks.

If you are leaving town, or might not be available to return items over the summer, please send an email to SCC-StudentReturnEquip@losrios.edu for information about mailing materials or equipment back to the college.

Picking up Personal Belongings

Students who need to pick up their own belongings from classroom lockers or from other personal spaces on campus should **fill out the request form and email it to SCC-PickUpItems@scs.losrios.edu** to schedule a time to retrieve your belongings.

Thank you for your continued patience and flexibility as we work through these extraordinary circumstances.

[REQUEST FORM](#)



MESA WRAPS ANOTHER PRODUCTIVE YEAR

Sacramento City College MESA (Math, Engineering, Science Achievement) provides support and resources to students who come from historically underrepresented populations in science, technology, engineering, and mathematics (STEM) to pursue STEM degrees. Check out their [annual newsletter](#) highlighting student activities and achievements from the 2019-2020 academic year!

[ANNUAL NEWSLETTER](#)



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