



## MEET YOUR NEW STUDENT ELECTED REPS

Say hi our new student representatives! Below are the election results:

- Los Rios Student Trustee: Toni Schiffmaier
- Student Senate President: Spencer Slavazza
- Student Senate Secretary: Gabriela Stewart
- Student Senate Secretary of Public Relations: Alexandra Athon Diamant
- Student Senate Secretary of Sustainability: Taniara Vinas
- CAEB Vice President: Jason Park
- CAEB Treasurer: Ivan Pacheco
- CAEB Secretary of Technology: Omair Qazi
- Student Senators: Fatima Mohammadi, Anna Yi

[READ MORE](#)

## GRADUATION UPDATE

Commencement is one of the best traditions on any college campus, so we were incredibly disappointed to announce last month that the ceremony would have to be cancelled as a result of the COVID-19 public health crisis. In a recent college survey, graduating students overwhelmingly expressed little interest in holding any virtual ceremony. As a result, there will not be a 2020 graduation ceremony at SCC. Graduating students will be provided the opportunity to walk at future classes' commencement ceremonies.

That does not, however, mean that we can't celebrate the outstanding achievements of our graduating students this spring. The college will be mailing each and every graduating student an official commencement program, a letter from President Michael Gutierrez, and your official Class of 2020 tassel.

We will also be creating a number of opportunities for graduates to tell their personal stories and share this experience with their classmates and loved ones on the college's official social media channels.

Follow us now on [Instagram](#), [Facebook](#), and [Twitter](#) so you don't miss anything — and make sure to share your stories on your own social media and tag us [@SacCityCollege!](#)

## PREPARING FOR THE FALL SEMESTER

For those starting to plan for the fall semester, the schedule of classes will be posted on our website on May 22. Registration begins for continuing students June 1.

The goal of the extra time is to allow students additional time to prepare for the increasingly likely scenario that many of our Fall classes will be online. The Fall schedule will include both online and on-ground classes but with every class having a required element in Canvas so that students and faculty will be prepared for a smooth transition if/when the circumstances demand a fully online schedule.

For now, all students should be preparing for the possibility of fully online classes in the Fall. If you have technology or other needs, some resources are available on our [Online Services](#) page, and more will be added later. If you aren't familiar with Canvas, visit some of the available [online resources](#) to start preparing now.

## CARES ACT DIRECT SUPPORT FOR STUDENTS

As many people are aware, the federal stimulus package - the Coronavirus, Aid, Relief and Economic Security (CARES) Act - includes one-time support for higher education institutions to help address the immediate and urgent impacts on our students and colleges.

Check your Message Center in eServices for information about important steps you can take to increase your chances to be eligible for these funds, including filling out a FAFSA if you haven't already. Unfortunately, there is not enough money from the federal government for all of our students, so we will be focusing on making sure our neediest students who meet federal requirements for these funds are supported first.

These grants will range between \$100 and \$400, based on your financial need and the number of units you were enrolled in this Spring. **We anticipate the first payments to students will be made in early May.** We know that many students' financial needs will extend beyond the current semester, so additional resources will also be distributed to qualifying students in the Fall.

We are committed to supporting students who have acute financial needs, including finalizing similar direct payments for undocumented students who are not eligible for CARES Act funding. We will have more information about eligibility and the process for securing these funds soon.

You may also be eligible for other federal funds from the CARES Act as well, as part of its Assistance for American Workers and Families program. You can view online the full Consumer Financial Protection Bureau guide to COVID-19 economic stimulus relief funds and steps you can take to access funds if you haven't already.

## IMMIGRATION CONSULTS AVAILABLE

Free immigration consultations continue to be available during the shelter-in-place orders. If you need immigration legal services, please contact the Coalition for Humane Immigrant Rights (CHIRLA) to make an appointment. They can help with:

- Immigration consultations
- DACA renewals
- Naturalization
- Family-based immigration
- Know Your Rights sessions

[LEARN MORE](#)

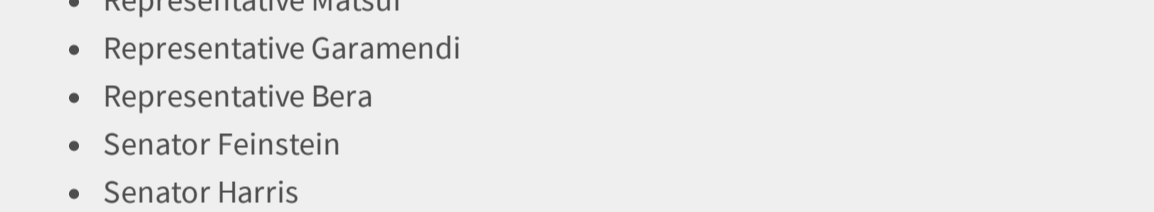
## MAY IS MENTAL HEALTH AWARENESS MONTH

Your mental health is just as important as your physical health during this time. The Los Rios Colleges Health & Wellness staff would like to encourage all of our students, faculty, and staff to practice self-care in honor of the national observance of May as Mental Health Month.

Upcoming activities/workshops:

- **Self-Care for Survivors**  
Monday, May 4, 1:00-2:00pm, Zoom
- **Write Your Way to Wellness**  
Wednesday, May 6, 12:00-1:30pm, Zoom. [Pre-register](#) to receive Zoom login information.
- **Movies for Mental Health**  
Thursday, May 7, 2:30-4:00pm, Zoom. [Pre-register](#) to receive Zoom login information.
- **Managing Anxiety**  
Tuesday, May 12, 2:00-3:30pm, Zoom. [Pre-register](#) to receive Zoom login information.

In addition, check out [Campus Well](#), an online magazine covering a variety of student health topics, as well as [Mindwise](#), an online screening tool for substance misuse, anxiety, depression, PTSD, problem gambling, and more.



## ADVOCATING IN THE TIME OF COVID-19

Shelter-in-place didn't stop a group of passionate students who found a way to stay home while still advocating on Capitol Hill. Recently, students from SCC, Sacramento State and UC Davis joined forces for the HACU Capitol Forum, with virtual visits with several legislators. They met with the offices of:

- Representative Matsui
- Representative Garamendi
- Representative Bera
- Senator Feinstein
- Senator Harris

And fought for:

- Support for the [HERE Act of 2019](#)
- Increased funding for HSIs in FY 2021
- Funding for Minority Serving Institutions in the new stimulus package
- Automatic renewal of DACA during COVID-19

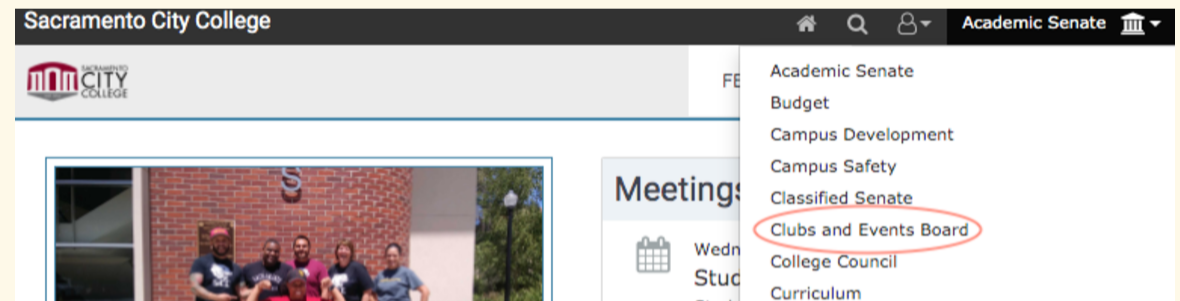
Our students are unstoppable!

## BOARD DOCS IN 3 STEPS

SCC is now using the [BoardDocs](#) platform to post and archive meeting agendas and minutes. Here's how you would access the meeting information in [Board Docs](#).

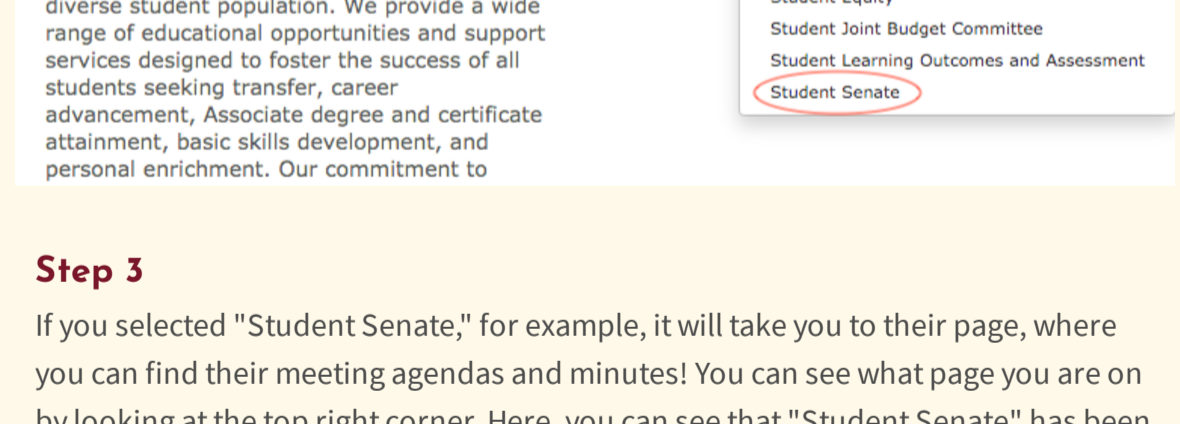
### Step 1

This is the landing page when you enter the BoardDocs platform (usually from a link from the main website or provided to you in an email or other document). Click the drop-down menu in the top right corner.



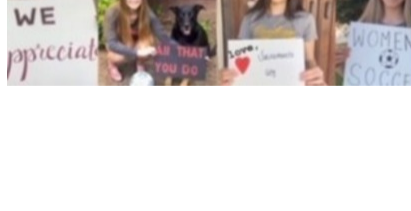
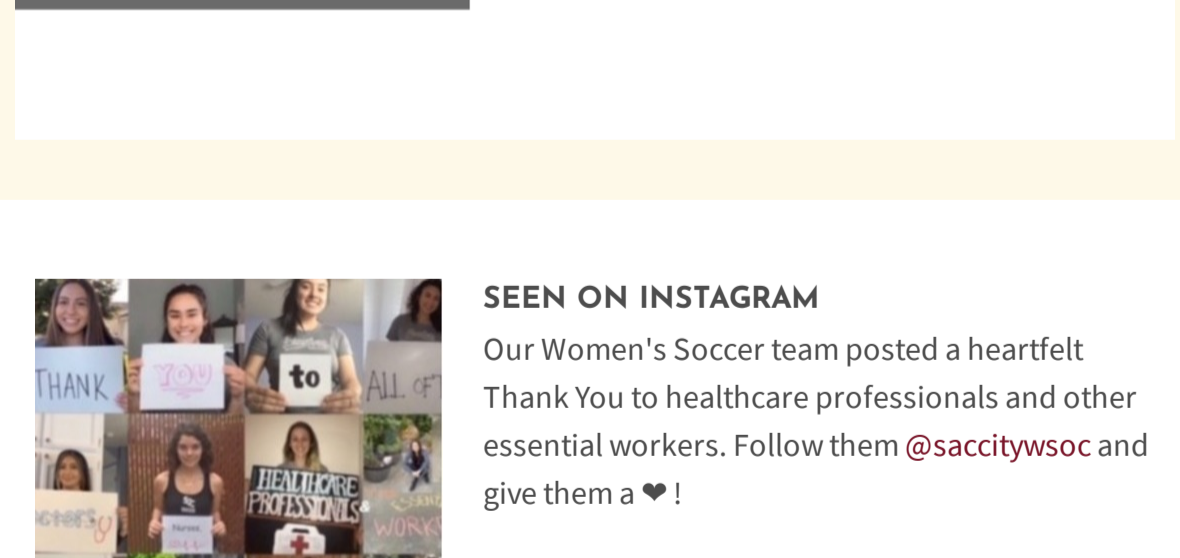
### Step 2

A drop-down menu will appear with groups listed in alphabetical order. Select the group you want. For example, as a student, you would select in the Clubs and Events Board or Student Senate. Select from the list the group you want to view.



### Step 3

If you selected "Student Senate," for example, it will take you to their page, where you can find their meeting agendas and minutes! You can see what page you are on by looking at the top right corner. Here, you can see that "Student Senate" has been selected. That's it! Easy, right?



## SEEN ON INSTAGRAM

Our Women's Soccer team posted a heartfelt Thank You to healthcare professionals and other essential workers. Follow them [@saccitysoc](#) and give them a ❤️!



## EVENTS CALENDAR

### VIRTUAL DE-STRESS FEST

De-Stress Fest is a time to take a break and take a breath before finals — and we're taking it online! Join us each day for a different activity, focusing on relaxation, games, self-care, and a fireside chat with a wise one.

**May 4, 5, 6 & 7 // 12 p.m. - 1 p.m. // Zoom**

### OTHER UPCOMING EVENTS

#### Virtual Brown Bag w/Brian

WEDNESDAYS | 12 PM - 1 PM | DETAILS TBA BY EMAIL

#### Movies for Mental Health

MAY 7 | 2:30 PM - 4 PM | RSVP

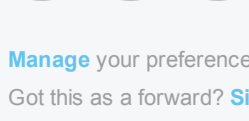
[VIEW ALL UPCOMING EVENTS](#)



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