

# SACRAMENTO CITY COLLEGE



2015 - 2016 CATALOG ADDENDUM  
JANUARY 2016

Sacramento City College  
**2015-2016 Catalog Addendum, January 2016**



The Addendum to the 2015-2016 Sacramento City College Catalog contains changes that offer new educational opportunities for students and other important updates.

**Table of Contents**

Allied Health  
    Pre-Allied Health and Nursing – new degree and certificate..... 1

Ethnic Studies  
    Ethnic Studies – new degree and courses..... 3

## Allied Health AH

### Degree:

A.S. - Pre-Allied Health and Nursing

### Certificate of Achievement:

Pre-Allied Health and Nursing

### Division of Science and Allied Health

James Collins, Dean

Mohr Hall 18

(916) 558-2271

## Pre-Allied Health and Nursing

### Associate in Science Degree

#### Program Information

The Pre-Allied Health and Nursing degree offers an interdisciplinary approach of study for students seeking to enter the world of health care in a variety of ways. The degree will allow students to pursue a rigorous course of study before selecting an area of concentration that best suits their career and study interests. With an emphasis on basic science, cultural competency in healthcare, the degree offered will prepare students to excel in a wide-range of health care fields. Students completing the degree will be prepared to enter programs for careers in nursing, dental hygiene or assisting, occupational therapy assisting, physical therapist assisting, and others.

The Pre-Allied Health and Nursing major will prepare students to serve as committed, culturally competent professionals with a focus on patient care, healthcare delivery, and healthcare management. This will occur through both classroom education and lab experiences. Completion of the program does not guarantee enrollment in any health occupations program.

#### Career Opportunities

Upon completion students are prepared to enter a range of Allied Health and Nursing training programs. This may include training programs for professions such as: Nursing, Dental Hygiene, Physical Therapist Assistant, Occupational Therapy Assistant, Respiratory Therapy, and Radiology Technician.

#### Upon completion of this program, the student will be able to:

- adhere to safety protocols and proper lab techniques, including infection control.
- comply with legal and regulatory requirements in academic and clinical situations.
- demonstrate professionalism in a range of interactions and settings, with respect for diversity and disability.
- apply ethical considerations to a variety of situations, including patient care and scientific decision making.
- demonstrate self-responsibility as part of an academic community and a health care team.
- identify areas for "soft skills" improvement for professional development.
- receive feedback as a tool for personal and professional growth.
- articulate career options and necessary educational pathways.
- express knowledge of current scientific and social issues affecting health care systems.
- state concepts of patient-centered and culturally competent health care.
- demonstrate literacy skills in a range of disciplines, including reading, writing, math, information, and health.
- distinguish between subjective viewpoints and objective data.
- use qualitative and quantitative methods to interpret data.
- use evidence as a foundation for critical thinking and decision-making.

#### Required Program

#### Units

AH 100 Professional Ethics of Health Team Members (1) .....	1 - 2
or AH 106 Communication for Allied Health Careers (2)	
AH 110 Medical Language for Health-Care Providers.....	3
AH 112 Strategies for Student Success in Health Occupations.....	3
AH 301 Health Care in a Multicultural Society .....	3
ANTH 310 Cultural Anthropology (3) .....	3
or ANTH 481 Honors Cultural Anthropology (3)	
or SOC 300 Introductory Sociology (3)	
or SOC 480 Introductory Sociology - Honors (3)	
BIOL 430 Anatomy and Physiology.....	5
BIOL 431 Anatomy and Physiology.....	5
BIOL 440 General Microbiology .....	4
CHEM 309 Integrated General, Organic, and	
Biological Chemistry (5) .....	5 - 10
or CHEM 305 Introduction to Chemistry (5)	
and CHEM 306 Introduction to Chemistry (5)	
COMM 301 Introduction to Public Speaking .....	3
ENGRD 310 Critical Reading as Critical Thinking (3) .....	3 - 4
or ENGRD 312 Academic Textbook Reading (3)	
or ESLR 340 Advanced Reading Skills Through Literature (4)	
ENGWR 300 College Composition (3) .....	3 - 4
or ESLW 340 Advanced Composition (4)	
or ENGWR 488 Honors College Composition and Research (4)	
FCS 324 Human Development: A Life Span (3) .....	3
or PSYC 370 Human Development: A Life Span (3)	
NUTRI 300 Nutrition (3) .....	3
or NUTRI 480 Nutrition Honors (3)	
PSYC 300 General Principles (3) .....	3
or PSYC 480 Honors General Principles (3)	

#### Total Required Units

**50 - 58**

#### Associate in Science Degree

The Pre-Allied Health and Nursing Associate in Science (A.S.) degree may be obtained by completion of 60 transferable, semester units, including (a) the major or area of emphasis described in the Required Program, and (b) one of the following: the SCC General Education, the Intersegmental General Education Transfer Curriculum (IGETC), or the California State University General Education-Breadth Requirements.

## Pre-Allied Health and Nursing

### Certificate of Achievement

#### Program Information

The Pre-Allied Health and Nursing Certificate of Achievement consists of general education and prerequisite coursework for students preparing to enter nursing and allied health programs. Opportunities for career exploration are provided, as well as skill development in professionalism and cultural competency. The certificate program is designed to help students develop self-advocacy skills and a strong academic foundation necessary to study in a health occupations program. Upon successful completion of this coursework, students achieve recognition in the form of a certificate. Completion of the certificate does not guarantee enrollment in any health occupation programs.

#### Career Opportunities

The need for nursing and allied health providers has increased in the last several years. This program is designed for students contemplating a career in vocational or registered nursing, dental assisting, dental hygiene, occupational therapy assisting or physical therapy assisting as well as other allied health careers.

#### Upon completion of this program, the student will be able to:

- describe career options in the healthcare field and their related educational pathways.
- demonstrate basic academic strategies for success in health programs.
- demonstrate ability to read and understand basic medical terminology.
- list all eleven body systems and describe the structure and function of each system.
- discuss the milestones in physical, cognitive, social, and emotional development of humans from conception through the lifespan and how these relate to healthcare practice.
- explain general principles of psychology and the psychological factors that influence health and illness in human conditions.
- examine cultural factors that influence communication, compliance, and outcomes in healthcare settings and develop strategies for cultural competency.
- recognize the professional behavior that is required of healthcare providers.

#### Required Program

#### Units

AH 100 Professional Ethics of Health Team Members (1) .....	1 - 2
or AH 106 Communication for Allied Health Careers (2)	
AH 110 Medical Language for Health-Care Providers.....	3
AH 112 Strategies for Student Success in Health Occupations.....	3
AH 301 Health Care in a Multicultural Society .....	3
BIOL 100 Introduction to Concepts of Human Anatomy and Physiology .....	3
FCS 324 Human Development: A Life Span (3) .....	3
or PSYC 370 Human Development: A Life Span (3)	
PSYC 300 General Principles (3) .....	3
or PSYC 480 Honors General Principles (3)	

#### Total Required Units

**19-20**

#### Certificate of Achievement

The Certificate of Achievement may be obtained by completion of the required program with grades of "C" or better or equivalent.

**Ethnic Studies ETHNS**

**Degree:**  
**A.A. - Ethnic Studies**

**Division of Behavioral and Social Sciences**  
**J. Frank Malaret, Dean**  
**Rodda North 226**  
**(916) 558-2401**

**Program Information**

Sacramento City College recognizes the need for a more extensive inclusion of minorities in the American educational system. The Ethnic Studies Program at Sacramento City College is, therefore, open to all students and serves as a response to the needs, demands, and experiences of Sacramento's minority communities. It can be of vital importance to the student because the program makes available a broader perspective on ethnic groups not ordinarily provided in primary and secondary educational institutions.

Sacramento City College offers a broad array of courses in African American Studies, Asian American Studies, Mexican American/Chicano Studies, Native American Studies, Gender and Ethnicity, and The European Experience. The program offers a course on the Introduction to Ethnic Studies along with general courses on American ethnic groups in Sociology, Psychology, Anthropology, and History.

**Career Opportunities**

The Ethnic Studies program will prepare students who wish to transfer to an Ethnic Studies program at a four-year institution. Ethnic Studies provides the student with various career opportunities such as equity officer, social worker, diversity director, ethnologist, human relations personnel, and human resources personnel. The program will also provide a background to students hoping to teach in primary or post-secondary school programs.

**Upon completion of this program, the student will be able to:**

- demonstrate critical thinking, communication, and research skills relative to ethnic minorities in the United States.
- evaluate and discuss various interdisciplinary approaches to the study of ethnic minorities in the United States.
- analyze and discuss the social, political, economic, and cultural experience of ethnic minorities in the United States.
- demonstrate an understanding of ethnic minorities relative to history, politics, social sciences, and the humanities.

**Required Program**

**Units**

ETHNS 300 Introduction to Ethnic Studies ..... 3

A minimum of 18 units from the following: ..... 18

- ANTH 310 Cultural Anthropology (3)
- or ANTH 481 Honors Cultural Anthropology (3)
- ETHNS 320 The African American Experience (3)
- ETHNS 330 The Asian American Experience in America (3)
- ETHNS 340 Chicanos/Mexican Americans in the U.S. (3)
- ETHNS 341 The Sociology & Psychology of Mexicans and Latinos in the U.S. (3)
- ETHNS 350 Introduction to Native American Studies (3)
- ETHNS 351 Native American Culture and the Impact of Federal Policy (3)
- PSYC 367 Psychology of Minorities (3)
- SOC 321 Race, Ethnicity and Inequality in the United States (3)

**Total Required Units** ..... **21**

**Associate in Arts Degree**

The Ethnic Studies Associate in Arts (A.A.) degree may be obtained by completion of 60 transferable, semester units, including (a) the major or area of emphasis described in the Required Program, and (b) one of the following: the SCC General Education, the Intersegmental General Education Transfer Curriculum (IGETC), or the California State University General Education-Breadth Requirements.

## Ethnic Studies (ETHNS)

### **ETHNS 300 Introduction to Ethnic Studies 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course uses comparative methods to introduce the diverse institutional, cultural, and historical issues relating to the past and present life circumstances of Asian Americans, Mexican/Hispanic/Chicano/Latino Americans, African Americans, Native Americans, and other recent immigrant groups. The course is designed to introduce students to information presented in upper division courses with ethnic studies content. This course was formerly known as SOCSC 300 - Introduction to Ethnic Studies.

### **ETHNS 320 The African American Experience 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course is an inter-disciplinary overview of the cultural, economic, historic, social, and political issues in the life of African Americans in the United States. It will expose students of all ethnic backgrounds to the issues germane to the experience of African Americans in the United States. This course was formerly known as SOCSC 320 - The Socio-Cultural, Economic, and Political Experience of the African-American.

### **ETHNS 330 The Asian American Experience in America 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course is an introduction to and an investigation of the Asian-American's role in the United States, with emphasis on historical and cultural contributions from the time of immigration to the present day. This course was formerly known as SOCSC 325 -Asian American Experience in America.

### **ETHNS 340 Chicanos/Mexican Americans in the U.S. 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course examines the social, economic, political, organizing, identity, migration, immigration, legal, linguistic, and cultural developments of Chicanas and Chicanos in the United States through a historical perspective. The history of Chicanas/os covers over 500 years and is complicated, varied, and multi-layered. We cannot justly cover all aspects of this historical trajectory. Instead, we will focus on key moments and critical transformations in the Chicana/o historical and contemporary experiences. We will use the themes of "power relations" and "resistance" as experienced by Chicanas/os to gain a better understanding of the complexity and diversity of the Chicano peoples. Additionally, our goal is to comprehend how race and ethnicity, class, gender, region, migration/immigration, and sexuality have shaped Chicana/o identity and history. Topics we will address include (but are not limited to) historical conquests and resistance; cultural contact and conflict; war and manifest destiny; migration, immigration, community formation, and identity; race relations; the Chicano Movement; and personal narratives. This course was formerly known as SOCSC 330.

### **ETHNS 341 The Sociology & Psychology of Mexicans and Latinos in the U.S. 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

In this course, students will examine the cultural, sociological, and psychological experience of Mexicans and Latinos in the United States. This course will give students the opportunity to analyze the ways in which Mexican and Latino communities are shaped by family dynamics, socio-economic structures, and religious and educational institutions. Complex issues of identity, assimilation, and self-esteem will also be addressed. This course was formerly known as SOCSC 332.

### **ETHNS 350 Introduction to Native American Studies 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course is a survey of traditional cultures of Native American people of North America that focuses on the social, religious, economic, and artistic nature of various Native groups. The antiquity, distribution, and linguistic history of Native cultures are integrated with the contemporary status of Native cultural traditions regarding social change and adaptation. The geographic, cultural, historical, and botanical environment of local Native cultures will be emphasized. An optional field trip may be included. This course is formerly known as SOCSC 335.

### **ETHNS 351 Native American Culture and the Impact of Federal Policy 3 Units**

*Prerequisite: None*

*Advisory: ENGWR 101 or ESLW 340 with a grade of "C" or better.*

*54 hours LEC*

This course is an in-depth study comparing Native American traditional cultures and religions in response to the impact of the European invasion. This course includes a review of tribal origins and oral traditions; 'Manifest Destiny'; the impact of treaties; land in trust; and European/Spanish/French culture and religious influences on indigenous people of the Americas. The course also covers disease epidemics; colonization; missionization; religious resistance (The Ghost Dance); attempts at assimilation; the establishment of the Bureau of Indian Affairs; removal policies; reservation policies; boarding schools and the influence of Christianity on Indian children; the Dawes Allotment Act; citizenship; reorganization; termination, relocation and urbanization; social resistance; self determination (includes issues of religious freedom and the use of Peyote); the Indian Civil Rights Act; sacred sites; restoration; and the Native American Graves Protection and Repatriation Act; as well as cultural appropriation of indigenous religion. An optional field trip may be included. This course is formerly known as SOCSC 336.

### **ETHNS 499 Experimental Offerings in Ethnic Studies .5-4 Units**

See Experimental Offerings